

Food Name	Amount	Unit	Cals	Fat (g)	Carbs (g)	Prot (g)	Delete
Total			1,236	40.9	152.2	75.9	
Coffee	<input type="text" value="12"/>	fl oz <input type="button" value="v"/>	4	0.1	0.2	0.4	<input type="button" value="X"/>
Cream, half and half	<input type="text" value="2"/>	fl oz <input type="button" value="v"/>	79	6.9	2.6	1.8	<input type="button" value="X"/>
Amy's California Burger	<input type="text" value="1"/>	serving <input type="button" value="v"/>	150	5.0	21.0	6.0	<input type="button" value="X"/>
Peanut butter	<input type="text" value="2"/>	tablespoon <input type="button" value="v"/>	188	16.1	6.3	8.0	<input type="button" value="X"/>
Bread, whole wheat	<input type="text" value="1"/>	regular slice <input type="button" value="v"/>	69	0.9	12.3	2.9	<input type="button" value="X"/>
Vega Sport Protein	<input type="text" value="1"/>	serving <input type="button" value="v"/>	110	0.6	5.0	25.0	<input type="button" value="X"/>
Orange, raw	<input type="text" value="1"/>	large (3-1/16" dia) <input type="button" value="v"/>	86	0.2	21.6	1.7	<input type="button" value="X"/>
365 Lentil Soup Organic	<input type="text" value="2"/>	serving <input type="button" value="v"/>	240	1.0	32.0	24.0	<input type="button" value="X"/>
Jelly, all flavors	<input type="text" value="1"/>	tablespoon <input type="button" value="v"/>	51	0.0	13.3	0.0	<input type="button" value="X"/>
Stacy's Pita Chips	<input type="text" value="2"/>	serving <input type="button" value="v"/>	260	10.0	38.0	6.0	<input type="button" value="X"/>
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